



DARTFORD ORIENTEERING KLUBB

WELCOME YOU TO :

SEOA Inter-Club Team SCORE CHAMPIONSHIPS

AT JOYDEN'S WOOD, BEXLEY, KENT

On Sunday 3rd December 2017



FINAL DETAILS

JOYDEN'S WOOD is managed by the Woodland Trust and DFOK is grateful for permission to hold this event.

EVENT PARKING and Registration at Birchwood Park Golf Club, Birchwood Rd, Dartford DA2 7HJ. **TQ503705**. Please park in separate area of the club's car park as signed. DFOK are grateful to BGL Golf for the use of their facilities.

PUBLIC TRANSPORT:

Nearest rail station: Swanley 2.2mls, Bus 233 available from Swanley every half hour to Birchwood Corner. Bexley Station 3.1mls, Crayford 3.7mls, Dartford 4.0mls.

REGISTRATION: Registration will be inside the Clubhouse. Pre entry by Fabian4.

EOD registration from 10:00am, starts 10:30 to 12:30, courses close 14.00.

SI electronic punching will be used. No contactless punching. Dibber Hire £1 at EOD or collect prepaid from Registration.

DOGS: Only on a lead please.

COURTESY TO OTHERS: The area has several bridleways and is well used by horse riders, walkers and dog lovers. Please be considerate to other users, and avoid frightening any horses that may be in the vicinity when crossing these routes. Controls will not be actually placed on the main bridleways. There are no road crossings in Joyden's Wood.

ENTRIES & FEES: Entries on line at www.fabian4.co.uk or on the day. [Link to Fabian:](#)

<http://www.fabian4.co.uk/default.aspx?EventID=1847>

Standard: Seniors £9, full time students/juniors £4 until midnight 26th November 2017

Late 27th to 30th November and Entry on the day. Seniors £11, full time students & juniors £6

Late entry and EOD are subject to map availability.

Additional £2 on all fees for seniors and full time students/juniors who are not members of British Orienteering.

COURSES : This is an inter-club Team Score Event where each club gets the aggregate points of its top twelve individual scorers from different age classes. Results are taken from the individual Score Course with a 60 or 40 minutes time limit.

Note : W/M16 (and younger) and W/M60 (and older), can opt to run for 40mins and will have their scores multiplied by 1.5. A Yellow Course should be available for beginners/juniors but is not part of the SE Championships. No other colour coded courses will be available.

The choice of the 40 or 60 mins Score Course must be made at pre-entry or at registration before starting and cannot be changed later.

Only entries from individuals in SEOA registered clubs are eligible for the championship although entries from individuals in non-SEOA clubs are welcome. Each member of a club must have that club as their first claim club AND be an SEOA member (eg some SN members belong to SCOA).

SCORE COURSE RULES:

There will be 30 Controls numbered in sets of 60's, 70's, and 80's. Runners can start with any set and punch as many in that set before switching to another set. No going back to the previous set. Punch controls in any order within the set. Each control counts as 1 point and can only be punched once. There will be a penalty of -1 point for every minute or part minute that you are late back. Any controls punched out of SET sequence will be discarded. In the event of equal scores, the faster time wins. See example below in Appendix 2.

The Yellow course will be using some controls numbered in 100's and these will not count for the Score Course.

SEOA Team Scoring Rules: See appendix 1 for full details of the SEOA team scoring rules.

MAP: Scale 1:7500, Contours 5m. ISOM 2000. Map updated 2017. Control descriptions on the map. **No loose control descriptions**, pictorial on Score Course and text on Yellow course. Yellow course maps at start.

TERRAIN: Joyden's Wood is an ancient mixed woodland which has a good path network and contour detail. It is set on a hilltop with a valley running through. Historical relicts include banks, ditches, humps and hollows, the remains of two Iron Age roundhouses and the Faesten Dic, an Anglo-Saxon defensive bank and ditch.

START AND FINISH: Punching start and finish. Contactless punching of controls will not be available.

One start and finish for both courses, approx 900m from Golf Club car park. A Clothing dump will be available approx 150m from start and finish. Pre-entries can go straight to the start.

Please ensure that competitors running the shorter course have notified the organiser at registration or on pre-entry beforehand.

Please indicate start time (early, middle or late) on Fabian 4, but times will not be allocated unless too many are grouped together. Go when ready, but competitors from the same club will be separated by at least 4 minutes.

Download will be at registration in the Golf Club clubhouse. The start will be open from 10:30 to 12:30. Please finish by 13:45, or if you abandon your race, please proceed to the finish and download at the Golf Club. Courses close at 14:00

TOILETS & REFRESHMENTS: These will be available within the Golf Club. Please take advantage of the food and drink facilities that will be available.

PRIZEGIVING: Computing accurately the overall results of the winning club may take some time at the end of the event. However, individual scores should be available very soon afterwards.

SAFETY:

Orienteering is an adventure sport. You take part at your own risk and are responsible for your own safety.

All competitors must report to Download even if they retire. Courses close at 2:00pm after which controls will be collected. You must report to the Finish and Download even if you miss the cut-off time, to avoid a search being instigated.

All competitors are advised to carry a whistle. In the event of extreme weather on the day, cagoules may be compulsory and you will be informed on route to the start. Come prepared and check our website at www.dfok.co.uk for last minute information.

ACCIDENTS:

No third party Accident & Emergency unit will be attending. There will be three Club members with Sports Trained First Aid qualifications in attendance at the event. Please contact the organiser or Start/Finish officials if you need first aid in the competition area. Organiser's phone number is on the map.

The nearest A&E hospital is at: Darent Valley Hospital, Darent Wood Road, Dartford, Kent, DA2 8DA. (4.5 miles) Tel 01322 428100.

See also Princess Royal University Hospital, Farnborough Common, Orpington, Kent, BR6 8ND. (5.4 miles). Tel 01689 863000.

Nearest Urgent Care unit (not A&E) at Queen Mary Hospital, Frognaal Avenue, Sidcup, Kent, DA14 6LT. (2.6 miles). Tel 0208 3022678.

PLANNER: Geoff Goodwin (DFOK)

CONTROLLER: Mike Solomon (SAX)

ORGANISER: Keith Parkes (DFOK), kdparkes@hotmail.co.uk (0792 6049683)

Appendix 1

Details of the S.E.O.A Score Championships

An annual score event at which individual members' points are used to score an inter-club competition. Each club gets the aggregate points of its top twelve individual scorers from different age classes. The different classes requirement stops the competition being dominated by the younger adult males, and for most clubs means that almost all their younger, older, or female members have a significant chance of contributing to the club score. Note that this is a team event, there are no individual medals on offer.

The rules provide for automatic running-up, which means that club captains do NOT have to worry about picking a team or asking people to run up an age class. Instead, the organiser will, after the event, identify the team of twelve people, with running-up, that gives each club the best score.

For example, if a club has two M40 runners who are both expected to outscore all their M35s, without automatic running-up, the club captain would have to ask one of the M40s to enter as M35. With automatic running-up, he/she doesn't have to worry, and if both M40s do beat the M35s, then it will be the two M40 scores that count.

Only SEOA-registered clubs are eligible for the championship although (non-competitive) entries from non -SEOA clubs should be encouraged. Each member of a club team must have that club as their first claim club AND be an SEOA member (eg some SN members belong to SCOA).

The rules

- Everybody runs a score course in the normal way ie score as many points as you can within the 60 minute time limit. The club with the highest total score wins.

- A club's best 12 runners' scores count towards the club total, subject to the following restriction:
Only one scorer can count from any particular age/gender class. Example - if a club's two best scorers are M21s, the second one cannot count in the club's total. "Running up" applies automatically, in relation to both age class and gender.

Enter as your real age class and gender. Example - if the two best scorers are M35s, the 1st counts as M35, the 2nd as M21; if the 3rd best scorer is an M21, he cannot count.

Example - if the three best scorers are W35s they can score as W35, W21, M35 or M21 depending on the age class of the following scorer. If the fourth runner is a W21, M21 or M35 between them they can fill the above four scoring classes.

- This is a 60 minute score event, however W/M16 and younger, and W/M60 and older, can opt to run for 40 minutes and will have their scores multiplied by 1.5.
Only one course should be planned and offered to all competitors – ie the same set of controls are used regardless of whether the competitor has 40 or 60 minutes.

- Some technically easier controls should be offered for less experienced orienteers. The event is perhaps not suitable for the youngest ages classes (eg M/W10) and so an additional yellow course could be offered that is not part of the Championships.

- The choice of 40 or 60 minutes must be made by the individual at pre-entry or registration and cannot be changed later. Runners in other age classes who finish inside 60 minutes will not have their scores adjusted.

- Any penalty points accrued, eg through being late back, will be included in both an individual's and the team score. However should the level of penalty points take an individual's score to below zero then their score should be set to zero.

- Clubs organising the SE Score are free to allocate different points to individual controls as they see fit and to impose suitable penalties.

Appendix 2

SE Score Rules

1 Each control is worth one point.

2 One point is deducted for each minute or part minute late back after the time limit (60 minutes or 40 minutes)

3 If scores are equal then the faster time wins

4 There are 3 sets of controls – 60s, 70s and 80s - and 10 controls in each set.

5 Sets can be taken in any order - 60s/70s/80s, 60s/80s/70s, 70s/60s/80s, 70s/80s/60s, 80s/60s/70s, or 80s/70s/60s.

6 Controls can be taken in any order in a set, e.g 76, 71, 73, 79, 77 etc

7 After you change to a new set you cannot go back to a previous one. Any controls in the previous set will not count. For example, if you visit controls in this order

63,65,68,71,67,62,69,64,88,86,83,82,74,75,78,77,72

then the scoring would be

3 points for 63,65,68

1 point for 71

0 points for 67,62,69,64

4 points for 88,86,83,82

0 points for 74,75,78,77,72

Updated GG 11/9/17